



# Quick Digestive Issues Assessment

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<b>SYMPTOM</b>	<b>CAUSE</b>	<b>TESTING</b>	<b>SUPPORT</b>	<b>EMERGENCY</b>
<b>BLOATING</b>	<b>LOW DIGESTIVE ENZYMES, BACTERIAL OVERGROWTH (SIBO)</b>	<b>STOOL</b>	<b>DIGESTIVE ENZYMES, ANTI-MICROBIALS</b>	<b>SEVERE PAIN, INABILITY TO PASS GAS</b>
<b>DIARRHEA</b>	<b>BACTERIAL/ YEAST GROWTH OR INFECTION/ PARASITE</b>	<b>STOOL</b>	<b>ANTI-MICROBIALS</b>	<b>BLOOD OR SEVERE PAIN</b>
<b>CONSTIPATION</b>	<b>STRESS, BACTERIAL/ YEAST GROWTH</b>	<b>STOOL</b>	<b>HYDRATION, VAGUS NERVE STIMULATION</b>	<b>INABILITY TO PASS GAS</b>
<b>STRESS</b>	<b>LEAKY GUT SYNDROME, UNSTEADY BLOOD SUGAR</b>	<b>STOOL/ CORTISOL</b>	<b>ADAPTOGENIC HERBS, STEADY BLOOD SUGAR</b>	<b>THOUGHTS OF HARM OR HOPELESSNESS</b>
<b>FOOD POISONING</b>	<b>ROTOVIRUS OR NOROVIRUS</b>	<b>STOOL</b>	<b>ANTIMICROBIALS, ACUTE CARE PROBIOTIC</b>	<b>SEVERE PAIN, DEHYDRATION, VOMITING/DIARRHEA</b>
<b>ANTIBIOTIC USE OR INJURY</b>	<b>DESTRUCTION OF HEALTHY BACTERIA</b>	<b>STOOL</b>	<b>ANTIMICROBIALS, ACUTE CARE PROBIOTIC</b>	<b>SEVERE PAIN, DEHYDRATION, VOMITING/DIARRHEA</b>



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<b>SYMPTOM</b>	<b>CAUSE</b>	<b>TESTING</b>	<b>SUPPORT</b>	<b>EMERGENCY</b>
<b>BLOOD-RED</b>	INFLAMMATION, HEMORROID	<b>STOOL</b>	ANTI- INFLAMMATORY	<b>YES</b>
<b>BLOOD-COFFEE GROUND APPEARANCE</b>	<b>INTERNAL BLEEDING</b>	<b>STOOL</b>	DIAGNOSTIC IMAGING OR COLONOSCOPY	<b>YES</b>
<b>WATERY DIARRHEA</b>	INFECTION, FOOD POISONING, IBD	<b>STOOL</b>	PROBIOTIC, GLUTAMINE, ANTIBIOTIC	<b>MORE THAN 24-48 HOURS DURATION</b>
<b>RASH, JOINT PAIN, THYROID</b>	AUTO-MIMMUNE	<b>STOOL/ FOOD TEST</b>	PROBIOITC, GLUTAMINE, ANTI- INFLAMMATORY	<b>YES FOR ANAPHYLAXIS</b>
<b>FOOD POISONING</b>	<b>ROTOVIRUS OR</b>	<b>STOOL</b>	ANTIMICROBIALS, ACUTE CARE THERAPIES	<b>SEVERE PAIN, DEHYDRATION,</b>



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TEST	CLICK BELOW FOR TEST IMAGE	SAMPLE TYPE	HOME TEST AVAILABLE
STOOL	<a href="#"><u>CLICK HERE</u></a>	TINY STOOL	YES
FOOD SENSITIVITY	<a href="#"><u>CLICK HERE</u></a>	BLOOD BY TINY FINGER PRICK	YES
CORTISOL FOR STRESS	<a href="#"><u>CLICK HERE</u></a>	SALIVA	YES

The information contained in this document is for informational purposes only.  
Do not alter any drug or treatment regimen without consulting your managing physician.